With Our Own Two Hands...

**Purpose:** To understand differences and the power to make changes.

**Grade:** K-2

**Materials:**

“The Colors of Us” by Karen Katz

construction paper

picture of the world glued to a circle cut from poster board

song “My Own Two Hands” by Jack Johnson

**Lesson:** Read “The Colors of Us.” When Lena paints a picture of everyone, she sees just how beautiful all the colors are; she realizes they are the Color of Us. The book is a great introduction to children on how people are different, yet the same.

**Activity:**  Listen to ["My Own Two Hands"](http://www.amazon.com/-Longs-Lullabies-Curious-George-Johnson/dp/B000CR7RDE?ie=UTF8&tag=school014-20&link_code=btl&camp=213689&creative=392969) and have the students discuss things they could do with their own two hands to change the world (I can... be gentle, draw, help set the table, create art, give my pets love, clean up the Earth, help others, etc.). Then, students use construction paper to trace their handprint and cut them out. They can decorate their hands by either drawing pictures on their hands of their favorite things or making a design. The students then paste their hands to a circle with a picture of the world in the center.