**Be Careful and Stay Safe**

**for 1st**

**Purpose:**  To educate students on how to stay safe in a variety of situations and how to advocate for oneself.

**Materials:**

Be Careful and Stay Safe by Cheri J Meiners

SAFE poster for each classroom (attached below)

Coloring pages for extension <https://elementarysafety.com/colouring-category/safety>

**Time:**

Approximately 20 minutes

**Focus:**

Ask students what safe means.

**Lesson:**

Show students the book.  Ask what they notice people doing to be safe on the cover?  Continue asking this throughout the book.

Read the book.

Discuss fire, water, and gun safety.

**Closure:**

Show students the SAFE poster and give to the teacher to hang in the room.  Review how to stay SAFE.

**Extension:**

Can provide color sheets on various topics.

October is fire prevention and safety month. You can contact local fire department and set up a visit.

Stay away from danger

Ask for help

Follow directions and use

things carefully

Emergencies - have a

plan!