**Secondary Guidance Lesson**

*Managing Technology*

**Objective:** To help students understand and recognize the importance of being safe while using technology and the internet.

**Video**: <https://youtu.be/Fx9hJkwIkuU>

**Activity:**

Group Discussion questions:

1. What are the pros of using the Internet and/or Social Media?
2. What are the cons of using the Internet and/or Social Media?
3. Have you known someone who got in trouble because of something they posted or found online? What were the consequences?
4. Why is it important to be safe or cautious while using the Internet and/or Social Media?
5. If someone you either know or don’t know makes you feel uncomfortable on the Internet/Social Media, what should you do?

**Follow-up/Closing:** On a post-it note, have students write and complete the statement below. Place it somewhere in the class where students can be constantly reminded of their promise!

***“While on the internet, I promise I will........”***