Dear Parent or Guardian,

Your child has been sent home in accordance with our illness protocol. We ask that you please keep the Mrs. Deirdre McAuliffe, our School Nurse, informed of illness-related absences and/or COVID-19 diagnosis or exposure. Nurse McAuliffe can be reached at 973-538-3231, x3080.

*Symptoms and conditions requiring absence from campus:*

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| --- | --- |
| **Infectious Disease Symptoms** | **Other Conditions:** |
| * Fever or fever-like symptoms
	+ Temperature above 100.0 F, with or without the presentation of fatigue/body aches/chills/rigors.
	+ New onset of headache, especially with a fever
* Respiratory symptoms
	+ Cough, congestion, runny nose, sore throat, shortness of breath not appeared to be related to allergies or asthma.
* Gastrointestinal symptoms
	+ Diarrhea, vomiting, or severe nausea.
* **New unexplained loss of taste or smell**
* Student reported or has been notified that they have been in close contact with a sick individual with COVID-like symptoms OR a positive COVID-19 case
 | * Confirmed non-COVID viral infectious disease
	+ Ex: influenza or rhinovirus
* Contagious infections requiring antibiotic treatment
	+ Ex: Strep throat or pink eye
* Undiagnosed, new, and/or untreated skin rash or condition
* Doctor’s note requiring an individualized plan of care to stay home due to medical concerns.
* Out of country, or out of state travel in past 2 weeks, based on NJ list of states requiring quarantine – **call 511** or <https://covid19.nj.gov/faqs/nj-information/travel-information/which-states-are-on-the-travel-advisory-list-are-there-travel-restrictions-to-or-from-new-jersey>
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*Procedure for return to school*

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| **Infectious Disease Symptoms** | **Other Conditions:** |
| * If presenting with symptoms, please test student for COVID-19 and/or provide doctor’s note for other treatment-specific guidelines. If you choose **not** to test student, he must stay home for 14 days minimum **and** at least 24 hours since last fever without medication **and** symptoms have improved.
* If notified to self-quarantine due to a close exposure to a COVID + case or person with symptoms, stay home and monitor symptoms for 14 days.
* If NEGATIVE for COVID-19, still remain home for 10 days, or as instructed by your doctor, and return **once symptom-free** without the use of medication. Please reconsider testing if symptoms worsen.
* If POSITIVE for COVID-19, student must stay home for 10 days since date of positive test, if they have not developed symptoms.
 | * If confirmed that student has non-COVID viral illness please provide a doctor’s note to confirm other diagnosis. Student may return once 24 hours symptom-free without the use of medication.
* After the first 24 hours of various antibiotic treatments for contagious infections (i.e. strep throat, pink eye, etc.)
* Doctor’s note requiring an individualized plan of care to stay home due to medical concerns as specified.
* 2-week quarantine ends without illness after out-of-state travel
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NJ Coronavirus & Poison Center Hotline at 1-800-222-1222 or visit nj.gov/health.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>