**Before Meals:**

Give us grateful hearts, our Father, for all your mercies, and make us mindful of the needs of others.  Amen.

Bless, O Lord, this food to our use and us to your loving service; and make us ever mindful of the needs of others; through Christ our Lord.  Amen.

Blessed are you, O Lord God, King of the Universe, for you give us food to sustain our lives and make our hearts glad. Amen.

Bless us, O Lord, and these your gifts which we have received from your bounty through Christ our Lord.  Amen.

Lord, make us truly thankful for these and all other blessings. Amen.