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| **Annual Basic Elementary Guidance Plan Example** |
| \*additional requirements listed at the bottom |
|  | **Fall** | **Spring** |
| Pre-K/PPCD/SC | **Self-Regulation (SEL)** | **Counselor Choice** |
| # Sections | \*Brain/glitter | \*Lesson resources |
|  |  |  |
|  | **Counselor Choice** | **Counselor Choice** |
|  | \*Lesson resources | \*Lesson resources |
| Kindergarten | **Self-Regulation (SEL)** | **Counselor Choice** |
| # Sections | \*Brain/glitter | \*Lesson resources |
|  |  |  |
|  | **Counselor Choice** | **Counselor Choice** |
|  | \*Lesson resources | \*Lesson resources |
| 1st Grade | **Self-Regulation (SEL)** | **Counselor Choice** |
| # Sections | \*Brain/glitter | \*Lesson resources |
|  |  |  |
|  | **Personal Health & Safety** | **Counselor Choice** |
|  | \*Lesson resources | \*Lesson resources |
| 2nd Grade | **Self-Regulation (SEL)** | **Counselor Choice** |
| # Sections | \*Brain/glitter | \*Lesson resources |
|  |  |  |
|  | **Anti-Victimization/Safety** | **Counselor Choice** |
|  | \*WHO Program | \*Lesson resources |
| 3rd Grade | **Bullying Awareness** | **Careers** |
| # Sections | \*Counselor choice (can be combined with other topics) | \*Lesson resources |
|  |  |  |
|  | **Self-Regulation (SEL)** | **Counselor Choice** |
|  | \*Brain/glitter/cootie catcher (optional 2 parts) | \*Lesson resources |
| 4th Grade | **Self-Regulation (SEL)** | **Internet Safety/Digital Footprint** |
| # Sections | \*Brain/glitter/thermometer | \*Counselor choice |
|  |  |  |
|  | **Bullying Awareness (4 types)** | **Counselor Choice** |
|  | \*Counselor choice (can be combined with other topics) | \*Lesson resources |
| 5th Grade | **Self-Regulation (SEL) Suicide Awareness/Prevention** | **Counselor Choice** |
| # Sections | \*#OneYou #StayHere video | \*Lesson resources |
|  | \*body/brain/glitter |  |
|  | **Bullying Awareness (4 types)** | **Transition to Middle School** |
|  | \*Counselor choice (can be combined with other topics) | \*Moving on Workbook \*Drug awareness piece (Don't hold things for anyone) |
|  |  | \*Get to Green SEL Transition Lesson |
|  |  |  |
| \*Counselor Intro | Completed during the first few days of school. This can be via individual lessons, morning announcements, video, etc. |
| \*#OneYou | Embed this in a guidance lesson (SEL, choices, etc.) |
|  |  |  |
| Theme Weeks | College & Career: September  |  |
|  | Bullying Prevention & Awareness: October  |  |
|  | Christmas in October (Santa Cop): October |  |
|  | Red Ribbon Week: October  |  |
|  | SEL (Social-Emotional Learning): by November 10th |  |
|  | Thanks & Giving (Sharing Life or MSS): November |  |
|  | College & Career Week: February  |  |