

GRADE 2 PHYSICAL EDUCATION FRAMEWORK

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EXPECTATIONS

CLASS EXPECTATIONS

- The student is expected to know how to modify activities to be more health-enhancing.
- The student is expected to play and understand different Games & Sports, with different rules and goals, showing Fair play.

THEMES & CONTENTS

The Performance Indicators (shown at the end of this Framework) are developed through the practice and performance of the Themes and Content below.

MANIPULATIVE SKILLS

- Throw a softball in the air with accuracy to a partner
- Catch a softball thrown in the air

OBSTACLE COURSE

- Skip and leap
- Jump and land bending knees
- Keep balance on a rolling object with help

BASKETBALL

- Dribble the ball with control, through 5 cones/or in a limited area

SOCCER

- Dribble the ball, using inside and/or outside part of the foot, and stepping on the ball when to stop
- Lift a soccer ball off the ground with a foot

VOLLEYBALL

- Air strike at least once a self-thrown softball upward, using arms and/or hands

PERSONAL FITNESS

- Able to jog or power walk for four minutes

PERSONAL BEHAVIOR WHILE IN TASK

- Move safely on open spaces within boundaries, at different speeds

PERFORMANCE INDICATORS

MOVEMENT FORMS & SKILLS DEVELOPMENT

The student will demonstrate most of the critical elements (isolated, small parts of the whole skill or movement) for manipulative skills (e.g. throw and catch a variety of objects, kick to stationary and moving partners/objects, dribble with dominant hand/foot, pass a ball to a moving partner). DOK1

The student will use manipulative skills in movement combinations (e.g. Perform manipulative tasks while dodging and moving in different pathways; catch a rolled ball while moving and throw it back to a partner). DOK1

The student uses basic sport-specific skills for a variety of physical activities (e.g., basketball, chest pass, soccer dribble). DOK2

The student uses mature form in object control skills (e.g., underhand and overhand throw, catch, hand dribble, foot dribble, kick and strike, punt, pass). DOK2

The student will apply the principles of relationships while moving in space and using non-manipulative (e.g., crawling) and manipulative skills (e.g., throw/catch object). DOK1 E

The student will finish the obstacle course without skipping any task. DOK1

The student will apply the principles of relationships when working with a partner while moving (e.g. passing a ball in front of a moving partner). DOK2

PERSONAL FITNESS

The student will know how to modify activities to be more health-enhancing (walking instead of riding). DOK3

The student will participate frequently and for short periods of time in sustained, moderate-to-vigorous physical activities that cause increased heart and respiration rates. DOK1 E

SOCIAL & PERSONAL DEVELOPMENT WITH PHYSICAL ACTIVITY

The student will play and understand different Games with different rules and goals, showing Fair play. DOK2 E

The student will play and understand different sports (such as Soccer, Basketball and Badminton) with different rules and goals, showing Fair play. DOK2