Community Mental Health Resources

**COMMUNITY MENTAL HEALTH RESOURCES**

**Emergency Crisis Services**

(For medical emergencies, go to your nearest hospital emergency room or call 911)

1)     UMDNJ – University Behavioral Healthcare

Children’s Crisis Intervention Services and Acute Psychiatric Services

671 Hoes Lane, Piscataway, NJ 08854

(732) 235-5705 or (732) 235-5700

2)     Raritan Bay Medical Center – Psychiatric Crisis Unit

(732) 324-5105

3)     Carrier Foundation – Belle Mead, NJ

(800) 933-3579

4)     Middlesex County Children’s Mobile Response & Stabilization System

(877) 652-7624

**Outpatient Mental Health Providers**

If you have health insurance, call the Benefits # on the back of your insurance card, and ask what mental health benefits are available to your child. Also, ask your insurance representative for a list of available therapists, counselors, psychiatrists, psychologists, social workers and/or other institutions which participate with your insurance plan.

If you do not have health insurance, the following agencies offer Charity Care and sliding-scales for payment:

1)     Catholic Charities – (800) 655-9491 (for indigent and low-income families)

2)     University Behavioral Health Care – UMDNJ Access Center - (800) 969-5300

3)     JFK Behavioral Health – (732) 321-7189

**Hotlines**

1)     Talkline Covenant House Nine Line – (800) 999-9999 (2:00 PM – Midnight)

2)     Contact We Care – (908) 232-2880

3)     New Jersey Self Help Clearinghouse - (800) 367-274 (Self-help groups in NJ)

4)     Recovery Inc. Support Groups – (201) 823-4545

5) 2ndFloor Youth Hotline – (888)-222-2228 – 2NDFLOOR.ORG