Mesquite United

Henrie House Lesson

Grit #1

This is our first week on Grit. Use this week to share with students it will be our topic and share **what Grit means!**

Some options of resources to use as you discuss this are below!

Share the meaning of grit
(to show courage and resolve things; to show strength of character) with students. After sharing, create a circle map of some ideas they have on ways that THEY show grit.

Below are some short video clips that you may want to share.

Lower Grades

<https://www.youtube.com/watch?v=SnrHZ_uvtxk>

Upper Grades

<https://www.youtube.com/watch?v=F0qrtsYg6kI> –

All Grades

<https://www.youtube.com/watch?v=UGKSb_dSZ1I>

<https://www.youtube.com/watch?v=2zrtHt3bBmQ>

<https://www.youtube.com/watch?v=q48fTWSGauA>