Counselor Toolbox

A counselor introduction lesson.

Adapted from information from the Elementary School Counselor Exchange Facebook group.

**Materials-** Toolbox and the selected props listed below

**Lesson**

Introduce yourself as counselor. Ask what they think the counselor does? Listen and then explain the counselor plays many different roles at our school using the props in the toolbox.

Large ears- good listener; sometimes students want to talk about their feelings.

String (tangled up)- do you ever feel tangled up? Maybe you forgot your homework or your lunch, or there was a family fight, when we talk to me we can straighten it out (pull the string at both ends to make it straight).

Tissues- sometimes kids cry, and it's ok to cry.

Erasers- sometimes you might make a mistake and we can erase the mistakes and learn from it

Play dough- sometimes kids have a hard time using words and play dough can be used to show me their feelings.

band-aids- I can help you when you are hurting and help you make it through the day Mirror- to help you see how special you are.

Birthday cake picture- to celebrate good things not just birthdays, but good things you do in class (e.g., be a good friend, following directions)

Magnifying glass/huge sunglasses: so I can look at kids faces to see if they are happy or sad...I look at things closely.

Toy Train- keep you on the right track, Cotton ball- I give warm fuzzies (compliments) Party Blower- I love to CELEBRATE successes

Soccer Ball- I help you set goals, picture of my family- my family is important and so is yours so I want to get to know them,

Counseling book- I use lots of books in my lessons,

Counseling game- sometimes we play games to have fun and learn,

Flashlight- reminds me how "bright" my students are or that I can help when you are scared (make the connection to the dark and a flashlight helps),

Smiley Emoji face- I love to see happy students at school,

Toothpicks- I help you "pick" out the problem we need to solve,

Clapping hand (one of those things that makes noises when you shake it)- I love to cheer you on, give high fives, and pats on the back,

Compass- help you learn to follow directions,

School bracelet/shirt/banner/etc.- teach you to have school pride/manners,

Fake gold coins- help students realize "how valuable they are",

Fake lemon- I can help make sour days a little sweater

Counseling pass saying they would like to meet and talk- talk about how to fill out have teacher sign