A eulogy is a speech or writing to honor someone who has died. Eulogies are often read aloud at funerals. The eulogy is a gift for you to be able to talk about a family member or friend to remember them with others who also loved and respected that person.

Use this sheet to help you think about the most important things about the person who died. It’s okay to laugh and cry as you remember. Sometimes you might need to take a break and take a deep breath, before you can finish.

My relationship with the person who died:

I’ve known him/her for how long:

How we met:

What I remember most…