Circle Time on Self-Control

* Review the circle guidelines with students….

1. Respect the talking piece. Everyone listens and everyone has a turn so be mindful on the amount of time of your response.
2. Be respectful with our words and actions
3. Have fun but don’t try and be funny, not a time for funny.
4. Keep it 100…..Keep it REAL
5. Honor Confidentiality…What is said in circle stays in circle, but no guarantee

* Have students give you a thumbs up or thumbs down on willingness to participate in group. If thumbs down… which one do you not agree with? How can we make it work for you?
* Redirect students that are not ready to an alternate assignment.
* If you don’t want to share say no thank you and pass the piece to the next person.
* **Thank the students for sitting and participating**.
* **Review the three ways to actively participate in circle**

1. Be an active listener
2. Raise your hand for a clarifying question, NOT A COMMENT and limit the questions to 3
3. Thumbs up and Thumbs down

* **Introduce the talking piece. Any item**

**Opener: “The main factor behind success is self-control”**

* Discussion Round

1. What does self-control mean to you?
2. Is self-control important? Why or why not?
3. Tell about a time you have shown self-control and how it worked out for you.
4. Tell about a time you chose not to display self-control and what happened.

* Closing: “One’s greatest challenge is to control one’s self”