Circle Time on Telling Someone Else’s Secret

* Review the circle guidelines with students….
1. **Respect the talking piece. Everyone listens and everyone has a turn so be mindful on the amount of time of your response.**
2. **Be respectful with our words and actions**
3. **Have fun but don’t try and be funny, not a time for funny.**
4. **Keep it 100… Keep it REAL**
5. **Honor Confidentiality…What is said in circle stays in circle, but no guarantee**
* Have students give you a thumbs up or thumbs down on willingness to participate in group. If thumbs down… which one do you not agree with? How can we make it work for you?
* Redirect students that are not ready to an alternate assignment.
* If you don’t want to share say no thank you and pass the piece to the next person.
* **Thank the students for sitting and participating**. Reason that you have chosen to circle up is so that everyone gets an opportunity to learn more about one another. Explain that it is very important as their counselor/teacher that you build a relationship with each and every one of them to better help and meet their needs. Challenge them to participate in the circle.
* **Review the three ways to actively participate in circle**
1. Be an active listener
2. Raise your hand for a clarifying question, NOT A COMMENT and limit the questions to 3
3. Thumbs up and Thumbs down
* **Introduction:** Have you ever played the game telephone, where someone starts a sentence and you whisper it around the room and in the end the sentence totally changes from the original? Telling secrets others have told you is the same way! In the end it is always bigger and changed as it is spread. Secrets are tricky! The whole point of keeping a secret is so certain people don’t find out about it. Keeping it could be an overwhelming task. We are going to talk about telling secrets that aren’t yours to tell!
* **Introduce the talking piece/**Explain why you chose it? Phone,
* **Circle Open: Thumbs up/down:** Have you ever had somebody say to you, “Can I tell you a secret?” and you say yes and then they respond with, “Well Becky blah blah blah but oh my gosh don’t tell anyone! Don’t tell her I told you!” You’re revealing someone’s secret that they obviously don’t want anyone else knowing, but then ordering me not to do the exact thing that you just did?
* **Discussion Round**

1. Is it difficult to keep a secret? Why/Why not?

2. Is it ever okay to tell a secret that someone told you?

3. How would it make you feel if your secret was spread around school? What would you do about it?

4. How can you prevent telling someone else’s secret?

Closing:

Secrets hold a lot of power, but revealing someone else’s to the public does not make you look powerful. It just makes you look desperate, mean, and sad. Being aware of other people’s privacy is an obligation. Many people do not realize how easily a secret can spread. It’s important to respect other people’s secrets and to take them seriously—you can’t control information once it’s out, and you never know what information might end up hurting someone.

You Tube: One Republic-Secrets