Circle Time on Frenemies

* Review the circle guidelines with students….

1. Respect the talking piece. Everyone listens and everyone has a turn so be mindful on the amount of time of your response.
2. Be respectful with our words and actions
3. Have fun but don’t try and be funny, not a time for funny.
4. Keep it 100…..Keep it REAL
5. Honor Confidentiality…What is said in circle stays in circle, but no guarantee

* Have students give you a thumbs up or thumbs down on willingness to participate in group. If thumbs down… which one do you not agree with? How can we make it work for you?
* Redirect students that are not ready to an alternate assignment.
* If you don’t want to share say no thank you and pass the piece to the next person.
* **Thank the students for sitting and participating**. Reason that you have chosen to circle up is so that everyone gets an opportunity to learn more about one another. Explain that it is very important as their counselor/teacher that you build a relationship with each and every one of them to better help and meet their needs. Challenge them to participate in the circle.
* **Review the three ways to actively participate in circle**

1. Be an active listener
2. Raise your hand for a clarifying question, NOT A COMMENT and limit the questions to 3
3. Thumbs up and Thumbs down

* **Introduce the talking piece. Relationships with friends can be complicated. Sometimes we agree with our friends and other times we don’t. How we respond to disagreements with them builds or destroys our character.**

Explain why you chose it? Ear…it is important that we listen and observe what people are saying to and about us.

**Circle Questions:**

* Knowing more about each other can help us to be kind and understanding. What’s your favorite food?
* We often gather and eat together with our friends and families. Tell us about one of your happy family traditions.
* What qualities make someone a good friend?

**Closing**

* What’s something you learned about someone else?