Circle Time on Drama

* Review the circle guidelines with students….

1. **Respect the talking piece. Everyone listens and everyone has a turn so be mindful on the amount of time of your response.**
2. **Be respectful with our words and actions**
3. **Have fun but don’t try and be funny, not a time for funny.**
4. **Keep it 100… Keep it REAL**
5. **Honor Confidentiality…What is said in circle stays in circle, but no guarantee**

* Have students give you a thumbs up or thumbs down on willingness to participate in group. If thumbs down… which one do you not agree with? How can we make it work for you?
* Redirect students that are not ready to an alternate assignment.
* If you don’t want to share say no thank you and pass the piece to the next person.
* **Thank the students for sitting and participating**. Reason that you have chosen to circle up is so that everyone gets an opportunity to learn more about one another. Explain that it is very important as their counselor/teacher that you build a relationship with each and every one of them to better help and meet their needs. Challenge them to participate in the circle.
* **Review the three ways to actively participate in circle**

1. Be an active listener
2. Raise your hand for a clarifying question, NOT A COMMENT and limit the questions to 3
3. Thumbs up and Thumbs down

* Introduce the talking piece**. A Rock**
* Explain why you chose it? We are quick to throw stones at one another. We believe what others say and respond w/o thinking first.
* Circle Open:

Have you ever wanted to go to school knowing you have no drama to worry about, or just get on with life without the constant reminder in your head that you have drama to deal with?

* **Thumbs up Thumbs down… how many of you have had drama between you and others?**
* By the time you are in middle school you will probably have experience Drama with others. Sometimes it is, as simple as, telling a “friend” something and it comes back to haunt you.
* **We are going to be talking about Drama today. We will not be sharing specific stories about drama between you and others. We will not drag other’s private stories into circle today.**
* Discussion Round

**1. What are some situations that cause DRAMA at school/home?**

**2. Why do people get involved in DRAMA?**

**3. How can you avoid DRAMA?**

**4. Who do you think has the most DRAMA? Boys/Girls/Both have the same amount**

* Closing:

Your choice:

YouTube music video: Mary J Blige-No More Drama

OR

Share this quote and ask students what their thoughts are….

People will always question the good things they hear about you, and believe the bad ones without a second thought.

-Unknown