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| **Letter to parents from the Licensed Athletic Trainer** |  |
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Dear Parents

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Description automatically generated**  
My name is Dan Newell (A.K.A. Trainer Dan) and I am the Licensed Athletic Trainer at Bothell High School.  I wanted to take this opportunity to introduce myself and put into writing some procedures that you need to be aware of as a parent of a student athlete.  It is important for you to be aware of the policies so that we can work together to get your child back on the playing field as soon as possible.

**Contact Information**  
Please do not hesitate to contact me if you have questions or concerns.  My cell phone is the fastest way to get in touch with me: **Cell phone: 425-418-1648** or you can also email me: **dnewell@nsd.org**

**Training Room Hours**  
During the school year I will arrive to the training room after completing my 7th period Advanced Sports Medicine Class (~3:20). Please encourage your athletes to come **immediately** to the training room if they need my assistance. I typically am there as needed and then go out to practices. If there are no games, I will typically leave between 5:30 and 6:30 pm.  If there are home games scheduled, I will be on school property or at Pop Keeney Stadium until the games are completed.

**Reporting Injuries**  
It is very important that all injuries get reported to me as soon as possible.  I have resources available to get our athletes the best and quickest care available, but I cannot use these resources if I am unaware of injuries from you and/or the coach.  If you are at another school and an injury occurs, please call me or text me with any questions or concerns and to inform me of the situation and status of your student athlete.    
  
**Returning an Athlete to Play**  
It is school policy that any time an athlete seeks care from a physician for an athletic injury, that the athlete may not return to play until we have a written note from the physician releasing the athlete for participation.  **There is no exception to this rule.  Parent notes or notes from non-Physicians are unacceptable.**

We also follow concussion protocol in which an athlete needs clearance first from a designated Physician (Medical Dr, Physician Associate, or Nurse Practitioner with concussion training) and then clearance by myself after completing the protocol procedures for return to play.

**GameDay Policies**

Please allow me to have proper vision of the event/game taking place by not standing in front of me or intruding into the designated area in order for me best care for your student athletes.

Again, please don’t hesitate to contact me with any problems or concerns.  I look forward to seeing you out at the games!

Thank you   
Dan Newell, M.Ed., LAT, ATC, CSCS

“Trainer Dan”

[dnewell@nsd.org](mailto:dnewell@nsd.org)

425-418-1648