High School Menu

September 2024



Items of the Month: California Peaches. Nectarines, & Grape **Tomatoes**



Vegan Entrees All fruits, fresh vegetables, &

cereals are vegan. **Contains Pork**

All grains are

whole-grain rich Except cinnamon roll

New Item

*MENUS ARE SUBJECT TO CHANGE



Scan QR code for more menu information.





Labor Day

BREAKFAST Egg, Cheese, & Sausage Croissant Sandwich 🐃 🖛 Breakfast Bar

LUNCH Breaded Ravioli w/Marinara Chicken Tenders w/Cornbread Cheeseburger/Hamburger Buffalo BBQ Chicken Sliders

BREAKFAST Pizza Stick S Breakfast Bites

LUNCH Quesadilla > Orange Chicken w/Rice Bean & Cheese Burrito w/Pico Meatball Sub Sandwich

BREAKFAST Egg, Cheese, & Sausage Croissant Sandwich 🧼 🖛 Breakfast Bar

LUNCH Breaded Ravioli w/Marinara Boneless Winas w/Cornbread Cheeseburger/Hamburger Buffalo BBQ Chicken Sliders

30 BREAKFAST Pizza Stick Breakfast Bites

LUNCH Quesadilla > Orange Chicken w/Rice Bean & Cheese Burrito w/Pico Meatball Sub Sandwich

BREAKFAST Cinnamon Crumb Cake

LUNCH Spicy Chicken Sandwich BBQ Turkey Sliders Snack Box Orange Chicken w/Rice

Breakfast Bites

BREAKFAST Cinnamon Crumb Cake Bagel w/Cream Cheese

LUNCH BBQ Turkey Mac & Cheese Corn Dog Spicy Chicken Sandwich Teriyaki Chicken w/Rice 🖗

6 BREAKFAST Cinnamon Crumb Cake PB&J Sandwich V

> LUNCH Spicy Chicken Sandwich BBQ Turkey Sliders PB&J Protein Kit Beef Tacos 🔎

BREAKFAST Cinnamon Crumb Cake Bagel w/Cream Cheese

LUNCH Macaroni & Cheese Corn Dog Spicy Chicken Sandwich Thai Sweet Chili Chicken w/Rice 🔎

BREAKFAST Egg, Cheese, & Sausage

Croissant Sandwich Mini Maple Pancakes Cinnamon Cereal Bar V LUNCH

Terivaki Meatballs w/Rice Buffalo Chicken Mac & Cheese Spicy Bean & Cheese Burrito Chicken Tamale w/Spicy Beans

BREAKFAST Chicken Biscuit Sandwich Blueberry Waffle

LUNCH

Pancakes & Sausage Chili Cheese Nachos Bean Burrito w/Pico Chicken & Veggie Chow Mein

7 BREAKFAST

Egg, Cheese, & Sausage Croissant Sandwich 🚇 🦏 Mini Maple Pancakes Cinnamon Cereal Bar

LUNCH Terivaki Meatballs w/Rice Buffalo Chicken Mac & Cheese Bean Burrito w/Pico W

BREAKFAST Chicken Biscuit Sandwich 👾 Cinnamon Waffle

LUNCH Pancakes & Sausage 🐃 Chili Cheese Nachos Bean Burrito w/Pico Chicken & Veggie Chow Mein BREAKFAST

Cinnamon Crumb Cake Egg & Cheese Biscuit

LUNCH

Cheesy Breadsticks w/Marinara 🥨 Chili Cheese Nachos Southwest Bean Burger V Spicy Chicken Sandwich Farm to School Nectarines

BREAKFAST

Muffin Pizza Bagel

LUNCH

Chicken & Mashed Potato Bowl Chicken & Cheese Taquitos w/Pico Peach Yogurt Parfait Spicy Chicken Sandwich

BREAKFAST

Cinnamon Crumb Cake Egg & Cheese Biscuit

LUNCH

Cheesy Garlic Bread w/Marinara 🕮 🦙 Chili Cheese Nachos Southwest Bean Burger W Spicy Chicken Sandwich Chicken Tamale w/Spicy Beans Farm to School Peaches

BREAKFAST

Muffin Pizza Bagel

LUNCH

Chicken & Mashed Potato Bowl Chicken & Cheese Taquitos w/Pico Peach Yogurt Parfait Spicy Chicken Sandwich Farm to School Grape Tomatoes

BREAKFAST

Beef & Bean Burrito w/Pico Pan Dulce Concha

LUNCH

Spicy Bean Nachos Chili Cheese Doa Chicken Drumstick & Waffle Thai Sweet Chili

Quinoa Bowl W

BREAKFAST

French Toast w/Fruit Dip Egg, Cheese, & Turkey Ham Croissant Sandwich Marshmallow Cereal Bar

LUNCH

Chili Cheese Nachos PB&I Sandwich V Spaghetti w/Meatballs Buffalo BBQ Chicken Sandwich

BREAKFAST

Beef & Bean Burrito w/Pico Pan Dulce Concha

LUNCH

Spicy Bean Nachos Chili Cheese Dog Chicken Drumstick & Waffle Thai Sweet Chili Quinoa Bowl W

BREAKFAST

French Toast w/Fruit Dip Egg, Cheese, & Turkey Ham Croissant Sandwich Marshmallow Cereal Bar

LUNCH

Chili Cheese Nachos PB&J Sandwich V Spaghetti w/Meatballs Buffalo BBQ Chicken Sandwich

OFFERED DAILY OFFERED DAILY

BREAKFAST:

- Fruit V
- House-Baked Cinnamon Rolls Whole Grain Cereals
- w/String Cheese Yogurt with Granola
- 100% Fruit Juice
- Low-Fat White Milk Nonfat Chocolate Milk

LUNCH:

- Fruits & Vegetables
- Pizza ••• Salads
- Sandwiches
- Yogurt with Granola 100% Fruit Juice

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- Low-Fat White Milk
- Nonfat Chocolate Milk