

Duluth Public Schools Severe Allergy Action Plan Individual Health Plan/Emergency Care Plan

Name:			D.O.B.:	Grade: _	
Allergy to:				eight:	
Hospital Preference: St. Lul	kes⊡ Essentia⊡	Asthma:	Yes□ (Higher	Risk for a Seve	re Reaction) No⊡
Parent(s)/Guardian(s):		Hom	ne:	_Cell:	Work:
Name of Physician:					
Any SEVERE SYMPTOMS aft Ingestion: One or more of the following: LUNG: Short of breath, whe HEART: Pale, blue, faint, we THROAT: Tight, hoarse, tro MOUTH: Obstructive swelling SKIN: Many hives over body	r more of the following: NG: Short of breath, wheeze, repetitive cough ART: Pale, blue, faint, weak pulse, dizzy, confused ROAT: Tight, hoarse, trouble breathing/swallowing DUTH: Obstructive swelling (tongue and/or lips) IN: Many hives over body			1. INJECT EPINEPHRINE IMMEDIATELY 2. Call 911 3. Begin monitoring (see box below) 4. Give additional medications:* -Antihistamine -Inhaler (bronchodilator) if Asthma *Antihistamines & inhalers/bronchodilators are not to be depended upon to treat a severe reaction (anaphylaxis). USE EPINEPHRINE.	
Or combination of symptoms from different body areas: SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips) GUT: Vomiting, diarrhea, cramping, pain					
MILD SYMPTOMS ONLY: MOUTH: Itchy mouth SKIN: A few hives around mou	 			professionals an 3. If symptoms p USE EPINEPHRIN	dent; alert healthcare d parent progress (see above),
Medication/Doses Epinephrine (brand and do Antihistamine (brand and do Other (e.g., inhaler-bronche* *Will medication be availab Other Instructions:	ose): odilator if asthmati	c):			
Monitoring Stay with student; alert healthcome ambulance with epinephrine. No 5 minutes or more after the first back with legs raised. Treat students	te time when epinepl if symptoms persist o	hrine was a or recur. Fo	administered. A s or a severe reaction	econd dose of epir on, consider keepir	nephrine can be givening student lying on
Parent/Guardian Signature	Date P	hysician/	Healthcare Prov (Required)	ider Signature	Date
School Nurse Signature	 Date				Revised 4/20/16