

Avalon Menu

June 2024

Juneteenth



DAY OF FREEDOM
JUNE 19TH

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



New Item

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.



MON	TUE	WED	THU	FRI
BREAKFAST 3 Blueberry Waffle Breakfast Bar or Manager's Special LUNCH Teriyaki Chicken w/Rice Southwest Bean Burger or Manager's Special	BREAKFAST 4 Pan Dulce Concha Muffin or Manager's Special LUNCH Corn Dog Chicken Sandwich or Manager's Special	BREAKFAST 5 House-Baked Cinnamon Roll Pizza Stick or Manager's Special LUNCH Bean & Cheese Burrito Pancakes & Sausage or Manager's Special	BREAKFAST 6 Cinnamon Crumb Cake Egg, Cheese, & Sausage Croissant Sandwich or Manager's Special LUNCH Macaroni & Cheese Cheese Pizza Pepperoni Pizza or Manager's Special	BREAKFAST 7 Whole Grain Cereals Yogurt w/Granola or Manager's Special LUNCH Turkey Sandwich or Manager's Special
BREAKFAST 10 Cinnamon Waffle Pizza Stick or Manager's Special LUNCH Quesadilla Cheeseburger/Hamburger or Manager's Special	BREAKFAST 11 Mini Maple Pancakes House-Baked Cinnamon Roll or Manager's Special LUNCH Beef Tacos Chicken Sandwich or Manager's Special	BREAKFAST 12 Muffin Yogurt w/Granola or Manager's Special LUNCH Turkey Sandwich or Manager's Special	BREAKFAST 13 Breakfast Bites Yogurt w/Granola or Manager's Special LUNCH Turkey Sandwich or Manager's Special	14 First Day of Summer Break
17	18	19	20	21
S U M M E R B R E A K				
24	25	26	27	28
S U M M E R B R E A K				

OFFERED DAILY

BREAKFAST:

- Fruit
- Whole Grain Cereals
- Yogurt with Granola
- String Cheese
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

OFFERED DAILY

LUNCH:

- Yogurt with Granola
 - Low-Fat White Milk
 - Nonfat Chocolate Milk
 - Fruits & Vegetables
- Grades 6-12 only:
- 100% Fruit Juice