

SHADY SIDE

ACADEMY

Senior School
WEEK 2 (MAY 6—12)

Gluten free options are available daily.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Day Breakers	Omelet Station Chocolate Chip Pancake Breakfast Potatoes Bacon Assorted Cold Cereals Fruit & Yogurt Bar	Waffle Bar Cheesy Egg Scramble Potato Pancakes Maple Sausage Assorted Cold Cereals Fruit & Yogurt Bar	Omelet Station Blueberry Pancakes Hash Browns Sausage Patties Assorted Cold Cereals Fruit & Yogurt Bar	Waffle Bar Roasted Tomato & Goat Cheese Quiche Breakfast Potatoes Pepper Bacon Assorted Cold Cereals Fruit & Yogurt Bar	Omelet Station Sausage Egg & Cheese Biscuit Tater Tots Maple Sausage Assorted Cold Cereals Fruit & Yogurt Bar	Waffle Bar Apple Streusel Pizza or Avocado Toast with Egg or Scrambled Eggs Breakfast Potatoes Bacon Assorted Cold Cereals Fruit & Yogurt Bar	Omelet Bar Carrot Cake Oatmeal or Cheesy Scrambled Eggs Corned Beef Breakfast Potatoes Sausage Assorted Cold Cereals Fruit & Yogurt Bar
Main Plate	Chicken Tenders or Pepper Jack Buffalo Tofu Wrap Scalloped Potatoes Broccoli Vegetable Medley	Sloppy Joe or Pierogies French Fries Roasted Squash Vegetable Medley	Gyros or Veggie Moussaka Roasted Yukon Potatoes Roasted Cauliflower Vegetable medley	Oven Roasted Turkey with Gravy or Quiche Loraine Mashed Potatoes Green Beans Vegetable Medley	Meat Lover Pizza Or 3 Cheese Pizza Tater Tots Roasted Carrots Vegetable Medley	Assorted Cold Cereals Fruit & Yogurt Bar	Assorted Cold Cereals Fruit & Yogurt Bar
Evening Main Plate	Chicken Fajitas or Cajun Tofu Fajitas Mexican Rice Cilantro Black Beans Aztec Corn Vegetable Medley	Roasted Shepherds Pie Or Wild Mushroom Flatbread Mashed Potatoes Broiled Tomatoes Vegetable Medley	3 Cheese Lasagna Or Crispy Tofu Wrap Garlic Knots Braised Kale & Apples Vegetable Medley	BOARDERS CHOICE	Chicken Scaloppini Or Vegan Torta Linguini Green Peas Vegetable Medley	Guacamole Chicken Or Gold Lentil Curry Cauliflower Wild Rice Medley Bok Choy Vegetable Medley	Korean BBQ Chicken Or Falafel Pita Sandwich Sticky Rice Roasted Broccoli Vegetable Medley

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