

Middle School Menu

May 2024

Farm to School



Items of the Month:
Blueberries, Cherries,
& Zucchini

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



NEW New Item

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.



MON

OFFERED DAILY

BREAKFAST:

- Fruit
- Whole-Grain Cereals
- Yogurt with Granola
- String Cheese
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

BREAKFAST

6

Pizza Stick
Breakfast Bar

LUNCH

Boneless Wings w/Cornbread
Teriyaki Chicken w/Rice
Breaded Cheese Ravioli
w/Marinara

BREAKFAST

13

Egg, Cheese, & Sausage
Croissant Sandwich
Breakfast Bites

LUNCH

Quesadilla
Orange Chicken w/Rice
Bean & Cheese Burrito

BREAKFAST

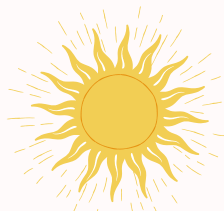
20

Pizza Stick
Breakfast Bar

LUNCH

Chicken Tenders w/Cornbread
Teriyaki Meatballs w/Rice
Breaded Cheese Ravioli
w/Marinara

27



Memorial Day

TUE

OFFERED DAILY

LUNCH:

- Fruits & Vegetables
- Pizza
- Salads
- Sandwiches
- Yogurt with Granola
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

BREAKFAST

7

Egg, Cheese & Turkey Ham
Croissant Sandwich
Blueberry Waffle

LUNCH

BBQ Turkey Mac & Cheese
Cheeseburger/Hamburger
Corn Dog
Chocolate Pudding

BREAKFAST

14

Pizza Bagel
Muffin

LUNCH

Beef Tacos
BBQ Turkey Sliders
Protein Snack Box

BREAKFAST

21

Egg, Cheese & Turkey Ham
Croissant Sandwich
Cinnamon Waffle

LUNCH

Macaroni & Cheese
Cheeseburger/Hamburger
Hot Dog
Chocolate Chip Cookie

BREAKFAST

28

Pizza Bagel
Breakfast Bites

LUNCH

Beef Tacos
BBQ Turkey Sliders
PB&J Protein Kit

WED

BREAKFAST

1

House-Baked Cinnamon Roll
PB&J Sandwich

LUNCH

Bean Burrito w/Pico
Buffalo Chicken Mac
& Cheese
Chicken Tamale
w/Spicy Beans

BREAKFAST

8

House-Baked Cinnamon Roll
Egg & Cheese Biscuit

LUNCH

Kickin' Tenders w/Roll
Chicken & Veggie Chow Mein
Buffalo BBQ Chicken
Sliders

BREAKFAST

15

House-Baked Cinnamon Roll
PB&J Sandwich

LUNCH

Southwest Bean Burger
Buffalo Chicken Mac
& Cheese
Chicken Tamale
w/Spicy Beans

BREAKFAST

22

House-Baked Cinnamon Roll
Egg & Cheese Biscuit

LUNCH

Kickin' Tenders w/Roll
Chicken & Veggie Chow Mein
Buffalo BBQ Chicken
Sliders

BREAKFAST

29

House-Baked Cinnamon Roll
PB&J Sandwich

LUNCH

Bean Burrito w/Pico
Buffalo Chicken Mac
& Cheese
Chicken Tamale
w/Spicy Beans

THU

BREAKFAST

2

Bagel w/Cream Cheese
Pan Dulce Concha

LUNCH

Pancakes & Sausage
Chili Cheese Nachos
Cheesy Garlic Bread
w/Marinara
Farm to School Blueberries

BREAKFAST

9

Cinnamon Crumb Cake
Mini Maple Pancakes

LUNCH

Chicken & Mashed Potato
Bowl
Chicken & Cheese Taquitos
w/Pico
Strawberry Yogurt Parfait

BREAKFAST

16

Bagel w/Cream Cheese
Pan Dulce Concha

LUNCH

Pancakes & Sausage
Chili Cheese Nachos
Cheesy Breadsticks
w/Marinara
Farm to School Cherries

BREAKFAST

23

Cinnamon Crumb Cake
Mini Maple Pancakes

LUNCH

Chicken & Mashed Potato
Bowl
Chicken & Cheese Taquitos
w/Pico
Strawberry Yogurt Parfait

BREAKFAST

30

Bagel w/Cream Cheese
Pan Dulce Concha

LUNCH

Pancakes & Sausage
Chili Cheese Nachos
Cheesy Garlic Bread
w/Marinara
Farm to School Zucchini

FRI

BREAKFAST

3

Chicken Biscuit Sandwich
House-Baked Cinnamon Roll
Cinnamon Cereal Bar

LUNCH

Chicken Drumstick & Waffle
Spicy Bean Nachos
Thai Sweet Chili Chicken Bowl

BREAKFAST

10

French Toast Sticks
w/Fruit Dip
House-Baked Cinnamon Roll
Marshmallow Cereal Bar

LUNCH

PB&J Sandwich
Chili Cheese Nachos
Spaghetti w/Meatballs

BREAKFAST

17

Egg, Cheese, & Sausage
Biscuit
House-Baked Cinnamon Roll
Cinnamon Cereal Bar

LUNCH

Chicken Drumstick & Waffle
Spicy Bean Nachos
Thai Sweet Chili Chicken Bowl

BREAKFAST

24

French Toast Sticks
w/Fruit Dip
House-Baked Cinnamon Roll
Marshmallow Cereal Bar

LUNCH

PB&J Sandwich
Chili Cheese Nachos
Buffalo BBQ Chicken Sandwich

BREAKFAST

31

Chicken Biscuit Sandwich
House-Baked Cinnamon Roll
Cinnamon Cereal Bar

LUNCH

Chicken Drumstick & Waffle
Spicy Bean Nachos
Thai Sweet Chili Chicken Bowl