

Avalon Menu

April 2024

Farm to School



Item of the Month:
Strawberries

Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



New Item

*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

Scan QR code for more menu information.



MON	TUE	WED	THU	FRI
<p>OFFERED DAILY</p> <p>BREAKFAST:</p> <ul style="list-style-type: none"> Fruit Whole Grain Cereals Yogurt with Granola String Cheese 100% Fruit Juice Low-Fat White Milk Nonfat Chocolate Milk 	<p>OFFERED DAILY</p> <p>LUNCH:</p> <ul style="list-style-type: none"> Yogurt with Granola Low-Fat White Milk Nonfat Chocolate Milk Fruits & Vegetables <p>Grades 6-12 only:</p> <ul style="list-style-type: none"> 100% Fruit Juice 	3	4	5
SPRING RECESS				
<p>BREAKFAST 8</p> <p>Blueberry Waffle Cinnamon Crumb Cake</p> <p>LUNCH</p> <p>Corn Dog Chicken Sandwich</p>	<p>BREAKFAST 9</p> <p>Pan Dulce Concha Muffin</p> <p>LUNCH</p> <p>Teriyaki Chicken w/Rice Southwest Bean Burger</p>	<p>BREAKFAST 10</p> <p>House-Baked Cinnamon Roll Egg, Cheese, & Sausage Croissant Sandwich</p> <p>LUNCH</p> <p>Macaroni & Cheese Cheese Pizza Pepperoni Pizza</p>	<p>BREAKFAST 11</p> <p>Breakfast Bar Pizza Stick</p> <p>LUNCH</p> <p>Bean & Cheese Burrito Pancakes & Sausage</p>	<p>BREAKFAST 12</p> <p>House-Baked Cinnamon Roll PB&J Sandwich</p> <p>LUNCH</p> <p>Chili Cheese Nachos Chicken Drumstick w/Biscuit</p>
<p>BREAKFAST 15</p> <p>Cinnamon Waffle Pizza Stick</p> <p>LUNCH</p> <p>Quesadilla Cheeseburger/Hamburger</p>	<p>BREAKFAST 16</p> <p>Mini Maple Pancakes Breakfast Bites</p> <p>LUNCH</p> <p>Beef Tacos Chicken Sandwich</p>	<p>BREAKFAST 17</p> <p>House-Baked Cinnamon Roll Muffin</p> <p>LUNCH</p> <p>Cheesy Breadsticks w/Marinara Beef & Bean Burrito</p>	<p>BREAKFAST 18</p> <p>Cinnamon Crumb Cake Egg, Cheese, & Sausage Croissant Sandwich</p> <p>LUNCH</p> <p>Teriyaki Meatballs w/Rice Cheese Pizza Pepperoni Pizza <i>Farm to School Strawberries</i></p>	<p>BREAKFAST 19</p> <p>House-Baked Cinnamon Roll PB&J Sandwich</p> <p>LUNCH</p> <p>Chicken Tenders Hot Dog</p>
<p>BREAKFAST 22</p> <p>Blueberry Waffle Breakfast Bar</p> <p>LUNCH</p> <p>Teriyaki Chicken w/Rice Southwest Bean Burger</p>	<p>BREAKFAST 23</p> <p>Pan Dulce Concha Muffin</p> <p>LUNCH</p> <p>Corn Dog Chicken Sandwich</p>	<p>BREAKFAST 24</p> <p>House-Baked Cinnamon Roll Pizza Stick</p> <p>LUNCH</p> <p>Bean & Cheese Burrito Pancakes & Sausage</p>	<p>BREAKFAST 25</p> <p>Cinnamon Crumb Cake Egg, Cheese, & Sausage Croissant Sandwich</p> <p>LUNCH</p> <p>Macaroni & Cheese Cheese Pizza Pepperoni Pizza</p>	<p>BREAKFAST 26</p> <p>House-Baked Cinnamon Roll PB&J Sandwich</p> <p>LUNCH</p> <p>Chili Cheese Nachos Chicken Drumstick w/Biscuit</p>
<p>BREAKFAST 29</p> <p>Cinnamon Waffle Pizza Stick</p> <p>LUNCH</p> <p>Quesadilla Cheeseburger/Hamburger</p>	<p>BREAKFAST 30</p> <p>Mini Maple Pancakes Breakfast Bites</p> <p>LUNCH</p> <p>Beef Tacos Chicken Sandwich</p>			