

# Middle School Menu







Feb. 2024

Farm to School



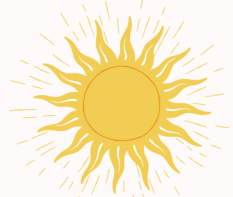
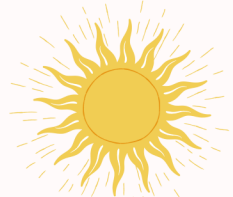
ITEMS OF THE MONTH:  
CARA CARA ORANGES &  
ORGANIC TANGERINES

Key

-  House-Made
-  Vegetarian Entrees
-  Vegan Entrees  
All fruits, fresh vegetables, & cereals are vegan.
-  Contains Pork
-  All grains are whole-grain rich  
Except cinnamon roll
-  New Item

\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



MON	TUE	WED	THU	FRI
<p><b>OFFERED DAILY</b></p> <p><b>BREAKFAST:</b></p> <ul style="list-style-type: none"> <li>Fruit </li> <li>Whole-Grain Cereals </li> <li>Yogurt with Granola </li> <li>String Cheese </li> <li>100% Fruit Juice </li> <li>Low-Fat White Milk </li> <li>Nonfat Chocolate Milk </li> </ul>	<p><b>OFFERED DAILY</b></p> <p><b>LUNCH:</b></p> <ul style="list-style-type: none"> <li>Fruits &amp; Vegetables </li> <li>Pizza </li> <li>Salads </li> <li>Sandwiches </li> <li>Yogurt with Granola </li> <li>100% Fruit Juice </li> <li>Low-Fat White Milk </li> <li>Nonfat Chocolate Milk </li> </ul>		<p><b>BREAKFAST</b> 1</p> <p>Mini Maple Pancakes </p> <p>Pan Dulce Concha </p> <p><b>LUNCH</b></p> <p>BBQ Turkey Sliders </p> <p>Chili Cheese Nachos </p> <p>Cheesy Garlic Bread w/Marinara </p> <p><i>Farm to School Organic Tangerines</i></p>	<p><b>BREAKFAST</b> 2</p> <p>Chicken Biscuit Sandwich </p> <p>House-Baked Cinnamon Roll </p> <p>Cinnamon Cereal Bar </p> <p><b>LUNCH</b></p> <p>Chicken Drumstick &amp; Waffle </p> <p>Spicy Bean Nachos </p> <p>Thai Sweet Chili Chicken Bowl </p>
<p><b>BREAKFAST</b> 5</p> <p>Pizza Stick </p> <p>Breakfast Bar </p> <p><b>LUNCH</b></p> <p>Chicken Tenders w/Cornbread </p> <p>Teriyaki Chicken w/Rice </p> <p>Breaded Cheese Ravioli w/Marinara </p>	<p><b>BREAKFAST</b> 6</p> <p>Egg, Cheese &amp; Turkey Ham Croissant Sandwich </p> <p>Blueberry Waffle </p> <p><b>LUNCH</b></p> <p>BBQ Turkey Mac &amp; Cheese </p> <p>Cheeseburger/Hamburger Corn Dog </p> <p>Chocolate Chip Cookie </p>	<p><b>BREAKFAST</b> 7</p> <p>House-Baked Cinnamon Roll </p> <p>Egg &amp; Cheese Biscuit </p> <p><b>LUNCH</b></p> <p>Kickin' Tenders w/Roll </p> <p>Chicken &amp; Veggie Chow Mein </p> <p>Buffalo BBQ Chicken Sliders </p>	<p><b>BREAKFAST</b> 8</p> <p>Cinnamon Crumb Cake </p> <p>Mini Maple Pancakes </p> <p><b>LUNCH</b></p> <p>Chicken &amp; Mashed Potato Bowl </p> <p>Chicken &amp; Cheese Taquitos w/Pico </p> <p>Strawberry Yogurt Parfait </p>	<p><b>BREAKFAST</b> 9</p> <p>French Toast Sticks w/Fruit Dip </p> <p>House-Baked Cinnamon Roll </p> <p>Marshmallow Cereal Bar </p> <p><b>LUNCH</b></p> <p>PB&amp;J Sandwich </p> <p>Chili Cheese Nachos </p> <p>Spaghetti w/Meatballs </p>
<p><b>BREAKFAST</b> 12</p> <p></p> <p>Lincoln Day</p>	<p><b>BREAKFAST</b> 13</p> <p>Egg, Cheese, &amp; Sausage Croissant Sandwich </p> <p>Muffin </p> <p><b>LUNCH</b></p> <p>Orange Chicken w/Rice </p> <p>BBQ Turkey Sliders Protein Snack Box </p>	<p><b>BREAKFAST</b> 14</p> <p>House-Baked Cinnamon Roll </p> <p>PB&amp;J Sandwich </p> <p><b>LUNCH</b></p> <p>Southwest Bean Burger </p> <p>Buffalo Chicken Mac &amp; Cheese </p> <p>Chicken Tamale w/Spicy Beans </p> <p><i>Farm to School Organic Tangerines</i></p>	<p><b>BREAKFAST</b> 15</p> <p>Bagel w/Cream Cheese Pan Dulce Concha </p> <p><b>LUNCH</b></p> <p>Pancakes &amp; Sausage </p> <p>Chili Cheese Nachos </p> <p>Cheesy Breadsticks w/Marinara </p>	<p><b>BREAKFAST</b> 16</p> <p>Egg, Cheese, &amp; Sausage Biscuit </p> <p>House-Baked Cinnamon Roll </p> <p>Cinnamon Cereal Bar </p> <p><b>LUNCH</b></p> <p>Chicken Drumstick &amp; Waffle </p> <p>Spicy Bean Nachos </p> <p>Thai Sweet Chili Chicken Bowl </p>
<p><b>BREAKFAST</b> 19</p> <p></p> <p>Washington Day</p>	<p><b>BREAKFAST</b> 20</p> <p>Egg, Cheese, &amp; Turkey Ham Croissant Sandwich </p> <p>Cinnamon Waffle </p> <p><b>LUNCH</b></p> <p>Hot Dog Cheeseburger/Hamburger Macaroni &amp; Cheese </p> <p>Chocolate Pudding </p>	<p><b>BREAKFAST</b> 21</p> <p>House-Baked Cinnamon Roll </p> <p>Egg &amp; Cheese Biscuit </p> <p><b>LUNCH</b></p> <p>Kickin' Tenders w/Roll </p> <p>Chicken &amp; Veggie Chow Mein </p> <p>Buffalo BBQ Chicken Sliders </p>	<p><b>BREAKFAST</b> 22</p> <p>Cinnamon Crumb Cake </p> <p>Mini Maple Pancakes </p> <p><b>LUNCH</b></p> <p>Chicken &amp; Mashed Potato Bowl </p> <p>Chicken &amp; Cheese Taquitos w/Pico </p> <p>Strawberry Yogurt Parfait </p>	<p><b>BREAKFAST</b> 23</p> <p>French Toast Sticks w/Fruit Dip </p> <p>House-Baked Cinnamon Roll </p> <p>Marshmallow Cereal Bar </p> <p><b>LUNCH</b></p> <p>PB&amp;J Sandwich </p> <p>Chili Cheese Nachos </p> <p>Buffalo BBQ Chicken Sandwich </p>
<p><b>BREAKFAST</b> 26</p> <p>Egg, Cheese, &amp; Sausage Croissant Sandwich </p> <p>Breakfast Bites </p> <p><b>LUNCH</b></p> <p>Quesadilla </p> <p>Orange Chicken w/Rice </p> <p>Bean &amp; Cheese Empanada </p> <p>Meatball Sub Sandwich </p>	<p><b>BREAKFAST</b> 27</p> <p>Muffin </p> <p>Pizza Bagel </p> <p><b>LUNCH</b></p> <p>Beef Tacos </p> <p>BBQ Turkey Sliders PB&amp;J Protein Kit </p> <p><i>Farm to School Cara Cara Oranges</i></p>	<p><b>BREAKFAST</b> 28</p> <p>House-Baked Cinnamon Roll </p> <p>PB&amp;J Sandwich </p> <p><b>LUNCH</b></p> <p>Bean Burrito w/Pico </p> <p>Buffalo Chicken Mac &amp; Cheese </p> <p>Chicken Tamale w/Spicy Beans </p>	<p><b>BREAKFAST</b> 29</p> <p>Bagel w/Cream Cheese Pan Dulce Concha </p> <p><b>LUNCH</b></p> <p>Pancakes &amp; Sausage </p> <p>Chili Cheese Nachos </p> <p>Cheesy Garlic Bread w/Marinara </p>	