# Monarchs in Motion: Seminar Periods Cycle #10

#### A Day, Monday, 1/22

#### Periods C & E

 <u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Community Building
 <u>10th Grade</u> - Business Department - Financial Literacy Pt. I <u>11th Grade</u> - College Counseling - Independent Workshop
 <u>12th Grade</u> - STUDY HALL - Alumnae Hallway

#### B Day, Tuesday, 1/23

#### Periods D & F

<u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Community Building <u>10th Grade</u> - Business Department - Financial Literacy Pt. I <u>11th Grade</u> - College Counseling - Independent Workshop 12th Grade- STUDY HALL - Alumnae Hallway

#### C Day, Wednesday, 1/24

#### Periods C & E

 

 9th Grade
 - Health Mini
 - Physiology of Mental Health Topic: Defining Mental Health, Self-Esteem

 10th Grade
 - STUDY HALL
 - Alumnae Hallway

 11th Grade
 - College Counseling
 - Independent Workshop

 12th Grade
 - Leadership Department
 - Leadership Refresher

#### D Day, Thursday, 1/25

#### Periods D & F

<u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Defining Mental Health, Self-Esteem <u>10th Grade</u> - STUDY HALL - Alumnae Hallway <u>11th Grade</u> - College Counseling - Independent Workshop 12th Grade- Leadership Department - Leadership Refresher

# **Seminar Locations Cycle 10**

HIGH

SC

GWYNEDD

1861

12th Grade

Report to GYM (Everyday\*) Report to ALUMNAE HALLWAY for STUDY HALL 1/22, 1/23

11th Grade

Report to GYM 1/22, 1/23, 1/30, 1/31 Report to PAC 1/24 - 1/29

# 10th Grade

Report to PAC 1/22, 1/23 Report to CAFE 1/26, 1/29 Report to ALUMNAE HALLWAY for STUDY HALL

> 9th Grade Report to LH (Everyday)

# Monarchs in Motion: Seminar Periods Cycle #10

### E Day, Friday, 1/26

#### Periods C & E

 <u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Defining Mental Health, Self-Esteem, Resiliency
 <u>10th Grade</u> - Admin/Social Institute
 <u>11th Grade</u> - College Counseling - Essay and LOR
 <u>12th Grade</u> - Leadership Department - Thinking Outside the Box

#### F Day, Monday, 1/29

Periods D & F <u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Defining Mental Health, Self-Esteem, Resiliency <u>10th Grade</u> - Admin/Social Institute <u>11th Grade</u> - College Counseling - Essay and LOR <u>12th Grade</u> - Leadership Department - Thinking Outside the Box

#### G Day, Tuesday, 1/30

Periods C & E <u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Physiology of Stress <u>10th Grade -</u> STUDY HALL - Alumnae Hallway <u>11th Grade</u> - DEIJ - Emotional Intelligence Pt. II <u>12th Grade</u>- Leadership Department - Leadership and Communication

### H Day, Wednesday, 1/31

Periods D & F <u>9th Grade</u> - Health Mini - Physiology of Mental Health Topic: Physiology of Stress <u>10th Grade -</u> STUDY HALL - Alumnae Hallway <u>11th Grade</u> - DEIJ - Emotional Intelligence Pt. II <u>12th Grade</u>- Leadership Department - Leadership and Communication

# Seminar Locations Cycle 10

HIGH

SCHO

EDD

GWYNI

1861

12th Grade Report to GYM

(Everyday\*) Report to ALUMNAE HALLWAY for STUDY HALL 1/22, 1/23

## 11th Grade

Report to GYM 1/22, 1/23, 1/30, 1/31 Report to PAC 1/24 - 1/29

# 10th Grade

Report to PAC 1/22, 1/23 Report to CAFE 1/26, 1/29 Report to ALUMNAE HALLWAY for STUDY HALL

## 9th Grade

Report to LH (Everyday)

# Monarchs in Motion: Community Periods Cycle #10



## A Day, Monday, 1/22

<u>Clubs</u> - Black Alliance Club (10) Investment Club (13) Mercy Effect (21) Art Scholars (Art) Orchestra (Music) Mediation and Mindfulness (3) Academic Bowl (STEM A)

**Department Meeting -** English Department

## B Day, Tuesday, 1/23

<u>Clubs` -</u> Alchemy (STEM B) Speech and Debate (5) LDC (LH) Signing Sisters (11) <u>Department Meeting -</u> Social Studies

## C Day, Wednesday, 1/24 (RED)

<u>ALL SCHOOL</u> - January Liturgy (PAC) <u>Department Meeting -</u> NONE

## D Day, Thursday, 1/25

<u>CLUBS -</u> Art Club (Art) Diversity Club (20) Speech and Debate (5) Student Stewards (LH) Drama Club (Music) <u>Department Meeting -</u> Science Department

# E Day, Friday, 1/26

<u>AM Clubs:</u> LEAD Council Meeting (7:30 AM) <u>Clubs</u> - Foreign Film Club (4) Mock Trial (6) Psychology (1) Women Empowerment (LH) Latin Club (24) Mathletes (JV/V) <u>Department Meeting -</u> None <u>Events:</u> Scholars Meeting (PAC)

# F Day, Monday, 1/29

<u>Clubs</u> - Mock Trial (6) Tech Girlz (LC) Astronomy (STEM B) Monarch Media Production (LH) <u>Department Meeting</u> - None

## G Day, Tuesday, 1/30 (LATE START NO CP)

<u>Clubs</u> - NONE <u>Department Meeting</u> - NONE

## H Day, Wednesday, 1/31

<u>Clubs</u> - Prism (10) Feminist Book Club (6) Ministry and Service (14) Student Council (7) Group Rosary (Chapel) <u>Department Meeting</u> - Music/Art Department

**REMINDER:** The Academic Success Center is for students who need extra academic support. Please do not use it as a location to gather with friends.

# Monarchs in Motion: WIN Periods Cycle #10

## A Day, Monday, 1/22

WIN 1- No Event WIN 2 - Senior Fashion Show Rehearsal (PAC)

## B Day, Tuesday, 1/23

WIN 1- 9th/10th Grade Class Meetings - FORMAL
 Clubs - Orchestra (Music)
 WIN 2 - Junior Course Selection Class Mtg. (PAC)
 Clubs - HERstory Club (2) Girls with Guitars (Music)

## C Day, Wednesday, 1/24 (RED)

<u>WIN 1-</u> No Event <u>WIN 2 -</u> No Event

## D Day, Thursday, 1/25

<u>WIN 1-</u> No Event <u>WIN 2 -</u> No Event <u>Clubs:</u> Jazz Band (Music)

## <u>E Day, Friday, 1/26</u>

<u>WIN 1-</u> No Event <u>WIN 2 -</u> No Event <u>Clubs</u> - Orchestra (Music)

## F Day, Monday, 1/29

<u>WIN 1-</u> Lead 4 Change (8) <u>Clubs:</u> Orchestra (Music) <u>WIN 2 -</u> Senior Mentor Meeting (HR 6) <u>Clubs:</u> Girls with Guitars (Music)

## G Day, Tuesday, 1/30 (LATE START SCHEDULE)

<u>WIN 1-</u> No Event <u>WIN 2 -</u> Senior Mentor Meeting (HR 8) <u>Clubs</u>: Ambassadors (PAC)

## H Day, Wednesday, 1/31

<u>WIN 1-</u> No Event <u>WIN 2 -</u> Senior Mentor Meeting (HR 26) <u>Clubs:</u> Jazz Band (Music)

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# Monarchs in Motion: CP QUIET ROOMS Cycle #10

## A DAY

Room 28 Mrs. Cheeseman Room 20 Sr. Pat Room 11 Mrs. Naucodie Room 12 Dr. Wagner-Graham

## **B DAY**

Room 22 Mrs. Szewczak Room 10 Mr. Waltrich Room 28 Mrs. Cheeseman Room 20 Sr. Pat Room 16 Mrs. Talley

### C DAY

Room 20 Sr. Pat Room 10 Mr. Waltrich Room 21 Mrs. Cymerman Room 28 Mrs. Cheeseman

## D DAY

Room 28 Mrs. Cheeseman Room 10 Mr. Waltrich Room 21 Mrs. Cymerman Room 12 Dr. Wagner-Graham

### E DAY

Room 20 Sr. Pat Room 10 Mr. Waltrich Room 28 Mrs. Cheeseman Room 21 Mrs. Cymerman Room 11 Mrs. Naucodie

#### F DAY

Room 10 Mr. Waltrich Room 16 Mrs. Talley Room 28 Mrs. Cheeseman Room 12 Dr. Wagner-Graham

#### **G DAY**

Room 11 Mrs. Naucodie Room 10 Mr. Waltrich

### H DAY

Room 16 Mrs. Talley Room 22 Mrs. Szewczak Room 28 Mrs. Cheeseman Room 20 Sr. Pat Room 12 Dr. Wagner-Graham

