

Gendered & Gender-Neutral PRONOUNS

Gendered Pronouns

Gendered pronouns include he/him/his and she/her/hers. These are typically associated with men and women, respectively. Truly, a person with any identity could use these pronouns, and they also aren't the only pronouns that exist. Here are some examples:



My friend Nadiya is the coolest. **She** is from Brooklyn, and **her** special talent is winning board games. I think I have a game piece of **hers** at my house.

My neighbor Billy is so nice! **He** baked me a pie when I moved in, and I lent **him** my lawnmower this summer. I check **his** mail when he is out of town.

Gender-Neutral or Gender-Inclusive Pronouns

Many other pronouns exist. People can pick pronouns that work for them for any reason. The benefit of a gender-neutral or gender-inclusive pronoun is that it is not inherently associated with a binary gender. Here are some examples:



My coworker Sean is brilliant. **They** are in our finance division, I always think of **them** when I have a question. **Their** expertise blows me away!

My colleague Franny is so fashionable! **Ze** is wearing a yellow scarf today that **zir** cousin bought in Spain. Have you seen the purple brooch of **zirs**?

Pronounced: zee, zeer, zeers

My pal Ole is a great chef! **Ae** is always in the kitchen. I won a competition with **aer** polenta recipe -- but all the credit for the win is **aers**.

Pronounced: ay, air, airs

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