

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**MEAL REQUIREMENTS**

Must select at least 3 of the 5 offered components:  
Meat/Meat Alternative;  
Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!

*Whatever The Question Love Is The Answer*

**BREAKFAST 1**

Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Orange Chicken & Rice  
WG Chicken Corn Dog  
Cheese(v) or Pepperoni Pizza  
Sandwich of the Day(v)  
Strawberry Fields Parfait(v)

**BREAKFAST 2**

Fruit Muffin w/Toast(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Macaroni & Cheese(v)  
Chicken Burger  
Cheese(v) or Pepperoni Pizza  
American Sandwich  
Just Peachy Parfait(v)

**BREAKFAST 3**

WG Bagel w/CC(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Cheese Omelet(v) w/Tot Hash  
Pretzel w/Cheese Sauce  
Cheese(v) or Pepperoni Pizza  
Turkey Ham & Cheese Sandwich  
Blueberry Patch Parfait(v)

Fresh Field Greens Unavailable

**BREAKFAST 6**

French Toast Mini(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Chicken Nuggets w/Roll  
Bean & Cheese Burrito(v)  
Cheese(v) or Pepperoni Pizza  
Meatball Marinara Sub  
Blueberry Patch Parfait(v)

**BREAKFAST 7**

Ultimate Breakfast Round()  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Breakfast for Lunch  
Turkey Soft Taco  
Cheese(v) or Pepperoni Pizza  
Italian Sub  
Double Berry Parfait(v)

**BREAKFAST 8**

Mini Maple Pancake Bites(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Sweet & Sour Chicken w/Rice  
Turkey Hot Dog  
Cheese(v) or Pepperoni Pizza  
Sandwich of the Day(v)  
Strawberry Fields Parfait(v)

**BREAKFAST 9**

Apple Frudel(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Cheesy Breadsticks w/Sauce(v)  
Turkey Taco Nachos  
Cheese(v) or Pepperoni Pizza  
Crispy Chicken Wrap  
Just Peachy Parfait(v)

**BREAKFAST 10**

Mini Cinnis(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Beef Sloppy Joe  
Fish Sticks & Chips  
Cheese(v) or Pepperoni Pizza  
American Sandwich  
Blueberry Patch Parfait(v)

(v) = Meatless Option

**BREAKFAST 13**

Mini Blueberry Pancake Bites(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Bean & Cheese Burrito(v)  
Burgers  
Cheese(v) or Pepperoni Pizza  
Italian Sub  
Blueberry Patch Parfait(v)

**BREAKFAST 14**

Sausage Breakfast Pizza  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Chicken Alfredo w/Rolls  
Chicken Burger  
Cheese(v) or Pepperoni Pizza  
Sandwich of the Day(v)  
Double Berry Parfait(v)

**BREAKFAST 15**

Turkey Ham & Cheese on English  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Fish Sticks & Chips  
Pretzel w/Cheese Sauce(v)  
Cheese(v) or Pepperoni Pizza  
Turkey & Cheese Sandwich  
Strawberry Fields Parfait(v)

**NO SCHOOL**

**MID WINTER BREAK**

**NO SCHOOL**

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Mid Winter Break TH, F, M

**NO SCHOOL**

**MID WINTER BREAK**

**BREAKFAST 21**

Yogurt & Graham Crackers(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Chicken Drumstick w/Rolls  
Turkey Soft Taco  
Cheese(v) or Pepperoni Pizza  
Sandwich of the Day(v)  
Double Berry Parfait(v)

**BREAKFAST 22**

Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Chicken & Mash w/Roll  
Turkey Hot Dog  
Cheese(v) or Pepperoni Pizza  
Turkey Ham & Cheese Sandwich  
Strawberry Fields Parfait(v)

**BREAKFAST 23**

WG Blueberry Bagel w/CC(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

WW Spaghetti w/Marinara(v) & Rolls  
Chicken Burger  
Cheese(v) or Pepperoni Pizza  
Turkey & Cheese Sandwich  
Just Peachy Parfait(v)

**BREAKFAST 24**

Mini Cinnis(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Breakfast for Lunch  
Grilled Cheese Sandwich(v)  
Cheese(v) or Pepperoni Pizza  
Crispy Chicken Wrap  
Blueberry Patch Parfait(v)

Menu Subject To Change Without Notice

**BREAKFAST 27**

Apple Cinnamon Muffin w/Toast(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Teriyaki Chicken & Rice  
Bean & Cheese Burrito(v)  
Cheese(v) or Pepperoni Pizza  
Turkey & Cheese Sandwich  
Blueberry Patch Parfait(v)

**BREAKFAST 28**

Apple Frudel(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Breakfast for Lunch  
Chicken Burger  
Cheese(v) or Pepperoni Pizza  
Turkey Ham & Cheese Sandwich  
Double Berry Parfait(v)

**BREAKFAST MAR 1**

Mini Maple Waffles(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Bean & Cheese Nachos(v)  
BBQ Chicken Sandwich  
Cheese(v) or Pepperoni Pizza  
Italian Sub  
Strawberry Fields Parfait(v)

**BREAKFAST MAR 2**

Mini Blueberry Pancake Bites(v)  
Cereal Bar or Bowl w/Toast(v)

**LUNCH**

Baked WW Penne Pasta(v)  
Chicken Nuggets w/Roll  
Cheese(v) or Pepperoni Pizza  
American Sandwich  
Just Peachy Parfait(v)

**BREAKFAST MAR 3**

Ultimate Breakfast Round(v)  
Cereal Bar or Bowl w/Toast

**LUNCH**

Fish Sticks & Chips  
Bean & Cheese Burrito(v)  
Cheese(v) or Pepperoni Pizza  
Sandwich of the Day(v)  
Blueberry Patch Parfait(v)