



# MARCH

## Middle School 2023

### Getting Ready for High School Thursday's Introduction to Soups and Vegetables



STATION / ITEM	Monday	Tuesday	Wednesday	High School Thursday's	Friday
WEEK OF			1	2	3
SOUP			Chicken Noodle	Chicken Noodle	Chicken Noodle
HOT ENTRÉE			Cheese Lasagna w/ Garlic Bread	BBQ. Chicken w/Corn Bread	Cheese pizza
VEGETABLES			Roasted Broccoli	Baked Beans & Mashed	Yellow Wax Beans
STATION / ITEM	Monday	Tuesday	Wednesday	High School Thursday's	Friday
WEEK OF	6	7	8	9	10
SOUP	Pasta Fagioli	Pasta Fagioli	Pasta Fagioli	Pasta Fagioli	Pasta Fagioli
HOT ENTRÉE	Chicken Fingers w/Biscuits	Taco Tuesday's w/ Lettuce & Tomato	Pasta Bolognese w/ Garlic Bread	Peruvian Chicken	Cheese Pizza
VEGETABLES	Sweet Potato Fries	Black Beans	Roasted Cauliflower	Cilantro Rice & Mixed Vegetables	Roasted Broccoli
STATION / ITEM	Monday	Tuesday	Wednesday	High School Thursday's	Friday
WEEK OF	13	14	15	16	17
SOUP	Closed	Minestrone	Minestrone	Minestrone	Minestrone
HOT ENTRÉE		Grilled Cheese	Penne Marinara	BBQ RIB Sandwich w/Fries	Cheese Pizza
VEGETABLES		Roasted Corn	Broccoli	Roasted Butternut Squash	Green Peas
STATION / ITEM	Monday	Tuesday	Wednesday	High School Thursday's	Friday
WEEK OF	20	21	22	23	24
SOUP	Cream of Potato	Cream of Potato	Cream of Potato	Cream of Potato	Cream of Potato
HOT ENTRÉE	Baked Chicken w/Biscuits	Beef Burritos	Mac & Cheese	Chicken Stir-Fry	Cheese Pizza
<b>Taste the Rainbow Week</b>	Fresh Cut Strawberries/Roasted Beets	Tangerines / Honey Roasted Carrots	Blueberries / Roasted Corn	Green Apple/Roasted Broccoli w/Garlic	Fresh Plums / Roasted Turnips
STATION / ITEM	Monday	Tuesday	Wednesday	High School Thursday's	Friday
WEEK OF	27	28	29	30	31
SOUP	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle	Chicken Noodle
HOT ENTRÉE	Chicken Fingers w/Biscuits	Chili Dogs & Cheese	Cheese Ravioli Marinara	GHS GARDEN	Grilled Cheese
VEGETABLES	Sauteed String Beans	Baked Beans & French Fries	Peas & Carrots	Steamed Edamame	Roasted Broccoli

Available Daily : Continuously stock the following items: Whole Wheat Breads and Bagels with String Cheese... Sunbutter & Jelly Sandwich. Assorted Whole Wheat Cereal, Granola Parfaits, Hummus and Crunchy Chips  
 Fresh Fruits: Various Seasonal Apples, Oranges, Bananas are all included with your complete meal. Fresh local milk, 1% skim milk or orange Juice. Special Needs or Gluten Free are Upon Request.