



## Loomis Chaffee Athletics Programs



Fall

### Interscholastic Teams Team and Physical Exertion

Boys Cross Country (V, JV)  
Girls Cross Country (V, JV)  
Co-Ed Equestrian (V) (\$)  
Girls Field Hockey (V, JV, III)  
Football (V, JV)  
Boys Soccer (V, JV, III)  
Girls Soccer (V, JV, III)  
Girls Volleyball (V, JV, III)  
Boys Water Polo (V, JV)

### Intramural Programs Team and Physical Exertion

Intramural Crew (\$)  
Intramural Soccer

### Life Fitness Programs Physical Exertion

Land Management  
Life Fitness Ballet Technique  
Life Fitness Cardio (no 9th)  
Life Fitness Performance Training  
Life Fitness Squash  
Life Fitness Tennis



Winter

### Interscholastic Teams Team and Physical Exertion

Boys Basketball (V, JV, III)  
Girls Basketball (V, JV)  
Co-ed Equestrian (V) (\$)  
Boys Ice Hockey (V, JV)  
Girls Ice Hockey (V, JV)  
Co-ed Skiing (V, JV) (\$)  
Boys Squash (V, JV)  
Girls Squash (V, JV)  
Boys Swimming & Diving (V)  
Girls Swimming & Diving (V)

### Intramural Programs Team and Physical Exertion

Intramural Basketball

### Life Fitness Programs Physical Exertion

Life Fitness Cardio (no 9th)  
Life Fitness Hip Hop  
Life Fitness Jogging  
Life Fitness Performance Training  
Life Fitness Ski (\$)  
Life Fitness Spin  
Life Fitness Yoga



Spring

### Interscholastic Teams Team and Physical Exertion

Baseball (V, JV)  
Co-ed Crew (V) (\$)  
Boys Golf (V, JV)  
Girls Golf (V)  
Boys Lacrosse (V, JV, III)  
Girls Lacrosse (V, JV, III)  
Softball (V)  
Boys Tennis (V, JV)  
Girls Tennis (V, JV)  
Boys Track & Field (V, JV)  
Girls Track & Field (V, JV)  
Girls Water Polo (V)

### Intramural Programs Team and Physical Exertion

Intramural Ultimate Frisbee

### Life Fitness Programs Physical Exertion

Land Management  
Life Fitness Badminton  
Life Fitness Cardio (no 9th)  
Life Fitness Cycling  
Life Fitness Equestrian (\$)  
Life Fitness Hiking  
Life Fitness Jazz Dance Techniques  
Life Fitness Outdoor Fitness  
Life Fitness Performance Training  
Life Fitness Yoga