Early Elementary:

A Kids Book About What Racism is

This storybook read aloud by Jelani Memory, explains what racism is, where it's seen, and how it feels in a consumable way for children.

13 Children's Books About Race and Diversity

This list of storybooks created by PBS shares stories that put emphasis on the beauty of other races, cultures, and people. These books represent BIPOC and teach them to embrace their differences, while it also teaches white students to appreciate people that look different from them, or come from different backgrounds.

Something Happened in Our Town

A video which tells the story of a mother teaching her white child about police brutality and racism in America, and how she can be an ally to other black children. It then takes a shift to telling the story of two Black parents teaching their son about police brutality and how Black people are treated unfairly, and them preparing him for the racism he may experience as a Black boy.

The King of Kindergarten

This picture book written by Derrick Barnes is a story about a little brown boy's first day of kindergarten and the adventures he goes through. This story highlights black joy and the excitement of starting school while starring a student of color.

We're Different, We're the Same

This picture book written by Bobbi Kates where Elmo and his *Sesame Street* friends help teach toddlers and the adults in their lives that everyone is the same on the inside, and it's our differences that make this wonderful world, which is home to us all, an interesting—and special—place. This enduring, colorful, and charmingly illustrated book offers an easy, enjoyable way to learn about differences—and what truly matters.

Grade 3-5:

A Girl Like Me

This picture book empowers young readers to embrace their individuality, reject societal limitations, and follow their dreams through a beautifully written poem by author Angela Johnson accompanied by Nina Crew's illustrations to celebrate young girls of color.

Going Down Home with Daddy

This picture book written by Kelly Sterling Lyons where she depicts the deep richness and joy of multigenerational Black family life, defined by love, not by loss. This story has the power to touch readers of all backgrounds with the universal truth of what it means to return to the people and the places in which we are rooted.

Hammering for Freedom

This picture book is written by Rita Lorraine Hubbard where she shines light on the true but commonly untold story of an enslaved man named William Lewis who became a skilled enough blacksmith to where he bought his own freedom. His story unfolds more as he fights for the freedom for the rest of his family, bringing across the message that even in times of turmoil and doubt, consistency and perseverance can take us far, and that justice begins with caring for our families.

Systemic Racism Explained

This less than five-minute video illustrates and explains what systemic racism is in a very easy and digestible way. The graphics and explanations are thorough, but still easy enough for a young audience to understand and grasp. By playing this short video, one can explain complex concepts such as systemic racism in a simpler way to young students.

Hands Up!

This picture book written by Breonna J. McDaniel creates a counter story to the narrative of putting your hands up as a young black girl. Rather the story takes readers through her life as she puts her hands up for normal everyday tasks, until one day she puts her hands up in protest with her family. This book embodies strength and gives readers a strong message that they can take away with them.

Grade 6-8:

TED TALK: Why Black lives matter NOW

13-year-old Ellis Fearon speaks about police brutality against Black people, how Black people are oppressed in America, and why Black lives matter.

The Hate U Give by Angie Thomas

This book depicts a young Black woman, Star Carter, who lives a double life. One in her predominantly Black, and poor neighborhood, another in a wealthy predominantly White school that she attends. Star grapples with racism, police brutality, and activism after witnessing her black friend murdered by the police.

What is White privilege, really?

This resource includes ways to recognize, understand, and use your white privilege to combat racism in America. It also includes lesson plans and activities to further understand how race affects the way we are treated, which can be used in middle school classrooms.

Systemic Racism Simply Explained

This video simply explains how systemic racism operates, how it came to be through redlining, and how it directly affects Black people in America.

Race and Ethnicity, and Teaching Tolerance

This article includes many resources including talking about race and police brutality, why Black lives matter, how to facilitate important conversations about race with students, and discussing whiteness. Each source goes into depth about the current racism in our world, what needs to change, and how you can help. These sources can be used in the classroom, or for individual learning.

Grade 9-12:

Privilege, Power and Difference by Allan Johnson

This book is written with intent to promote understanding of the intersections of race, privilege, power, and difference. Johnson, being a white male author, establishes tools to avoid guilt, denial, and self-defence when accepting privilege and responsibility. The above link provides a synopsis of the book with excerpts from the first chapter, and resources for purchase.

Check Your Privilege (@ckyourprivilege)

This instagram account, founded by <u>Myisha T. Hill (@myishathill)</u>, aims to educate followers on privilege and how to be an anti-racist ally.

Bree Newsome (Instagram: <a>@bree.newsome Twitter: <a>@BreeNewsome)

Bree Newsome is a black, female artist who uses her social media accounts to educate about white power structures and structural racism in an accessible manner.

This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do The Work by Tiffany Jewel

This book is a great resource for learning the importance of being anti-racist, rather than just non-racist. The book goes in to detail about social identities, the history of racism and

resistance against it, and how you can use an anti-racist lens and voice to help push society forward to an equitable world.

Code Switch

Code Switch is a podcast from NPR hosted by journalists of color who tackle the subject of race and its impact in society from history and politics to pop culture and sports. The podcast discusses how racism seeps into social norms and the workplace, and explores the prevalence of microaggressions and how bias occurs even when thinly veiled.

"10 Steps to Non-Optical Allyship"

Originally a viral Twitter thread by Mireille Cassandra Harper and now reproduced in full on *British Vogue*, Harper's simple breakdown of what it means to go beyond surface-level allyship is a solid foundation on which to build a plan of action.

Parents and Family:

What White Children Need to Know About Race by Ali Michael and Eleonora Bartoli

With a highly relatable narrative, the authors unpack the lack of family conversations about race in their own childhoods. They demonstrate that a white parent's intent to teach their children "that race *shouldn't* matter" is received by children "that race, in fact, *doesn't* matter". This makes it difficult for white children to comprehend the implications of race and privilege in the world, and how they can become an ally.

How to Talk Honestly With Children About Racism

This article by PBS explains why it is important for parents to talk to their children about race, and how they can do so successfully. The article describes opportunities for bringing up the subject of race and race-relations without inciting fear, confusion, or guilt within a child.

How to Talk to Your Family About Racism

This short and impactful Instagram guide by Jen Winston outlines best practices for white people talking to their families about race and racism. For anyone who's ever been unsure of where to start having these conversations, Winston hits a few key points.

Raising White Kids: Bringing Up Children in a Racially Unjust America

This book offers insight into teaching white children how to address racism when they encounter it, and how to be mindful of racial relations and the role they can play for justice.

Something Happened in Our Town: A Child's Story About Racial Injustice

This storybook discusses a police shooting of a Black man and aims to introduce the topic of police brutality to children and answer children's questions about such traumatic events, helping them begin to identify and counter racial injustice in their own lives. It includes an extensive Note to Parents and Caregivers with guidelines for discussing race and racism with children, child-friendly definitions, and sample dialogues.

Adults:

How to Be an Ally if You Are a Person with Privilege by Frances E. Kendall

This article provides examples of using your privilege to uplift underrepresented groups in, or lacking in, your workplace.

White Anti-Racism: Living the Legacy

In the form of a Q & A, this resource delves into the intricacies and common mistakes in white anti-racism. Individuals contributing to question answers include Diane Flinn, managing partner of Diversity Matters, Georgette Norman, director of the Rosa Parks Library and Museum, Sejal Patel, community organizer in South Asian immigrant communities, and Yvette Robles, community relations manager in Los Angeles.

Anti-Racism Resources for your Company

This webpage provides a collection of organized resources for enhancing the racial relations within and without your company and workplace. These include resources for supporting black staff, supporting black owned businesses as a company and as an individual, organizing as a company for social change, and leading during triggering and traumatizing times. The page also includes individual resources for employees to unpack inner race narratives and better themselves.

Racial Equity Tools Glossary

This glossary is a collection of many basic definitions that are necessary for establishing a foundation of knowledge going into anti-racism education and work as an ally.

How to Be an Antiracist

This book by Ibram X. Kendi is a solid foundation for anyone who feels the need to defend themselves as "not racist" instead of examining and understanding racism through multiple lenses. In accompaniment, Kendi has also published "An Antiracist Reading List."