Secondary Education

Northshore
School District

Request for Exemption from Physical Education Requirement

Students may request a waiver of up to 1.0 credit of PE 9-12 through a school sponsored sports activity. Each high school athletic season will waive .25 PE 9-12, four seasons will waive 1.0 PE 9-12. Students may also request a waiver of up to 1.0 credit of PE 9-12 for a non-school sponsored sport or activity, medical reasons, or extenuating circumstances. Students may request waiver of .5 Life Fitness for medical reasons only. Medical exemptions must be verified by a physician.

Waiver of PE does not award credit; it waives the subject requirement, but total credit requirements for graduation must still be met.

_____   _____   _____

Student Name   **Grad Year**   **Student #**

Request for Waiver of:

☐ **PE 9-12**   Credit amount requested: ☐ .25   ☐ .50   ☐ .75   ☐ 1.0
  Reason for waiver request (choose one):
  o   High school athletics (use the form on the back to record information on sports participation)
  o   Non-School sponsored sport or activity (complete & attach *Off-Campus Instruction/Activity PE Credit Waiver* form with this waiver request)
  o   Medical (attach written verification from physician)
  o   Extenuating circumstances (Principal approval required). Describe:_____

  _____

  _____

  _____

_____   _____

Principal Signature   **Date**

☐ **Life Fitness** .50 credit
    Reason for waiver request: Medical (attach written verification from physician)

Student Signature: _____   Date: _____

Parent/Guardian Signature: _____   Date: _____

Return this completed form to the Counseling Office. Students should check Student Vue>Course History>Graduation Status to verify that the waiver has been applied to the academic record.

Counseling Office Use Only: ☐ Approved   ☐ Not Approved

                                                                        Date:_____
_____
        Principal, Designee, or Athletic Director Signature

Entered on permanent academic record by:_____   Date:_____

High School Sports Activity Verification for PE Waiver Request

Each season of high school sports activity can waive **.25 credit of PE**, up to a maximum of 1.0 credits (4 seasons of participation). Complete the following information to verify the number of credits requested on the front side of this form.

1) Sport:	Season:	Year:
School:	Coach Name:	

2) Sport:	Season:	Year:
School:	Coach Name:	

3) Sport:	Season:	Year:
School:	Coach Name:	

4) Sport:	Season:	Year:
School:	Coach Name:	