



Lodi USD Non-Contact Athletic Practices

Release Date: 6/26/2020 (revised)

As of June 22, 2020, the Lodi USD has authorized non-contact practices under the San Joaquin County's Public Health Services (SJCPHS) "Interim Guidance for Distanced Athletic Conditioning and Drills" and the California Department of Public Health's (CDPH) and CalOSHA's COVID19 Industry Guidance: Fitness Facilities.

- Conditioning and drills may be scheduled and begin:
 - when outdoor facilities are cleared for use by M&O staff
 - no indoor practices at this time
 - when authorized by the Site Principal
 - athletes have correctly submitted all clearance documents, including the new waiver
 - coaches must maintain a log have completed all requirement indicating that athletes permitted to practice have satisfied all requirements
 - for Lodi USD CIF athletic programs only
 - youth sports have yet to be authorized by SJCPHS
- Only drills and conditioning allowed, no scrimmages or contact activities are permitted
 - Conditioning and drills must adhere to the following or Principal may disallow future practices-
 - Athletes must be 6 feet apart at all times
 - Coaches may organize athletes into groups, but groups must stay together for entire practice, and for each day of practice–
 - 12 max per group, coach included
 - Athletes/coaches may not transfer between group one established
 - Any equipment shared by the group cannot be shared with any other group until disinfected
- All students must prepare self-health assessments
 - Students must show assessment to coach in order to practice
 - Coach must maintain daily log of student compliance with self-health assessment
- Students must provide their own water/beverages, and label all bottles with their name
 - Sharing any personal item is a high-risk practice, and coaches must consistently remind athletes of this
- Coaches must wear masks/face coverings that fully cover nose and mouth during the entire time shared with student athletes
- COVID19 Incidents
 - If an athlete or coach self-reports possible exposure to COVID19 virus
 - All parents and athletes must be notified of the incident (do not transmit/inform names or other identifying information about the individual self-identifying)
 - All athletes, whether or not tightly constrained in Pods, will have the option of not reporting to practice without consequence
 - That individual self-reporting may not attend practice for ten (10) calendar days from the date reported
 - If an athlete(s) test positive for the COVID19 virus, either –
 - The entire team practice is suspended for ten (10) calendar days, or
 - If Pods are tightly contained, **and** the Pod containment is well-described in the coach's plan as submitted to site Principal, the Pod where the athlete testing positive was assigned may not practice ten (10) calendar days.
 - Any athlete, whether in the compromised Pod or not, will have the option of not reporting to practice without consequence
 - If an individual, athlete or coach, reports to practice with symptoms
 - All practices are suspended until the earlier of a negative test report from the individual or ten (10) calendar days from the date of the incident
 - All incidents must be reported in writing to the site Principal the day of the incident